

### EMERGENCY NUMBERS

#### ISLANDS WIDE

Provincial Emergency Program-Emergencies Only 24 hrs no charge 1-800-663-3456  
 Poison Control Center no charge 1-800-567-8911  
 Ambulance no charge 1-800-461-9911  
 BC Hydro Power Outages & Electrical Emergencies 1-888-POWER ON  
[www.bchydro.com](http://www.bchydro.com)  
 Queen Charlotte Islands Animal Hospital 250-557-4468  
 After hours animal emergency line 250-557-4348

#### NORTH END

Police RCMP Masset 250-626-3991  
 Old Massett Firefighters Brigade 250-626-5222  
 Port Clements Fire Emergency Department 250-557-4355  
 Masset Volunteer Fire Department 250-626-5511

#### SOUTH END

Police RCMP Queen Charlotte 250-559-4421  
 Queen Charlotte Fire Department - emergency calls 250-559-4488  
 Non-emergency calls 250-559-8321  
 Skidegate Volunteer Fire Department - emergency calls 250-559-8300  
 Sandspit Fire Dept 250-637-2222

### CHILD, FAMILY AND MATERNAL RESOURCES

#### ISLANDS WIDE

BC Healthy Kids Program 1-866-866-0800 (press 4, then 2)  
[www.mhr.gov.bc.ca/factsheets/2005/healthy\\_kids.htm](http://www.mhr.gov.bc.ca/factsheets/2005/healthy_kids.htm)  
 Help Line for Children (24 hours) 310-1234  
 BC Housing: subsidized housing info 1-800-257-7756  
 BC Nurses line (24 hours) 1-866-215-4700  
 Grandparents Raising Grandchildren Support Line 1-855-474-9777  
 11 am - 3 pm on Monday, Tuesday, Thursday, Friday  
 Foster Parents Support Line 1-888-495-4440  
[www.mcf.gov.bc.ca/foster/index.htm](http://www.mcf.gov.bc.ca/foster/index.htm)  
 Healthlink BC non-emergency Health information 811  
[www.healthlinkbc.ca](http://www.healthlinkbc.ca)  
 Supported Child Development Program 250-626-4717  
 BC Cancer Agency- toll free 1-800-663-3333  
[www.bccancer.bc.ca](http://www.bccancer.bc.ca)  
 Options for Sexual Health - find a clinic, ask a question 1-800-739-7367  
 Alcohol and Drug Information & Referral Line (24 hours) 1-800-663-1441

#### NORTH END

Haida Child and Family Services - Old Massett 250-626-5257  
[www.hcfss.bc.ca/](http://www.hcfss.bc.ca/)  
 Old Massett Social Development Department 250-626-3343  
 Social assistance and referrals for status clients  
 Transition House 24 hour crisis line 250-626-4666  
 HG Society for Community Peace toll free 1-877-250-626-4677  
[www.hgpeace.ca](http://www.hgpeace.ca)  
 Victim Assistance Program 250-626-6049  
[www.hgpeace.ca/programs/victim-assistance-program/](http://www.hgpeace.ca/programs/victim-assistance-program/)



Child and Youth Counselling Program 250-626-6057  
[www.hgpeace.ca/programs/children-who-witness-abuse-program/](http://www.hgpeace.ca/programs/children-who-witness-abuse-program/)  
 Outreach/Stopping the Violence Women Counselling 250-626-6052  
[www.hgpeace.ca/programs/stv-counseling/](http://www.hgpeace.ca/programs/stv-counseling/)

#### Service BC Masset

250-626-5278 toll free 1-800-663-7867  
[www.servicebc.gov.bc.ca](http://www.servicebc.gov.bc.ca)  
 Speech-Language Pathologist 250-626-4715  
 Ministry of Social Development and Social Innovation 250-626-5423  
 Tuesday 10-12 & 1-4, Wednesday 9-12 & 1-3 toll free 1-866-866-0800  
[www.gov.bc.ca/sd/](http://www.gov.bc.ca/sd/)

#### SOUTH END

Skidegate Maternal Child Health 250-559-4610  
 Speech-Language Pathologist 250-559-4361  
 Islands Wellness Society 250-559-4743  
 Childcare Resource and Referral 250-559-4711  
 or 1-877-559-4711  
 Island Wellness Society - Victim Assistance Program 1-877-559-8843  
 Island Wellness Society - Child & Youth Counselling 250-559-4767  
 Island Wellness Society - Womens Counseling Program 250-559-8828  
 Ngystle Society & Communities Living Better 250-559-4114  
[www.ngystlesociety.com](http://www.ngystlesociety.com)  
 Ministry of Children and Family Development 250-559-4403  
 Haida Child and Family Services - Skidegate 250-559-8400  
[www.hcfss.bc.ca/](http://www.hcfss.bc.ca/) toll free 1-855-559-8400  
 Service BC Queen Charlotte 250-559-4452

### HAIDA GWAII HEALTH/MEDICAL CLINICS

#### NORTH END

Haida Health Center 250-626-3911  
[www.haidahealth.ca/](http://www.haidahealth.ca/)  
 Community Programs 250-626-4725  
 Mental Health & Addictions Services  
 Old Massett Dental Clinic 250-626-3821  
 Northern Haida Gwaii Hospital and Health Center 250-626-4700  
 Massett Pharmasave 250-626-4701  
 Northern Haida Gwaii Medical Clinic 250-626-4702  
 Nurse Practitioner 250-626-4702  
 Port Clements Medical Clinic 250-557-4478  
 North End Public Health Nurse 250-626-4728

#### SOUTH END

Skidegate Health Center 250-559-4610  
 Skidegate Dental Clinic 250-559-7799  
 Queen Charlotte Hospital 250-559-4300  
 Mental Health & Addictions Services 250-559-8765  
 Queen Charlotte Medical Clinic 250-559-4447  
 Nurse Practitioner 250-559-4447  
 Queen Charlotte Dental Clinic 250-559-8384  
 Queen Charlotte Pharmacy 250-559-4310  
 toll free 1-800-663-3396

Womens' Health Cancer Care & Pap test screening 250-637-1878  
 South End Public Health Nurse 250-559-2350  
 Sandspit Medical Clinic 250-637-5403

### PREGNANCY/MATERNAL OUTREACH

#### ISLANDS WIDE

Dietician 250-626-4730  
 Haida Gwaii Midwife Celina Laursen 250-557-2444  
 Pacific Postpartum Support Society of BC 1-855-255-7999  
[www.postpartum.org](http://www.postpartum.org)  
 Certified Infant Massage Instructors 250-626-4716 or 250-559-8910  
 Sandi Morgan, Kim Larocque and Tawni Davidson  
 Infant Massage e-mail addresses  
 Kimberley.larocque@northernhealth.ca  
 tdavidson@sd50.bc.ca  
 Sandra.Morgan@northernhealth.ca

#### NORTH END

Infant Development Program 250-626-4716  
 Certified Infant Massage Instructors 250-626-4716

#### SOUTH END

Skidegate Maternal Child Health 250-559-4610  
 Infant Development Program 250-559-8910  
 Certified Infant Massage Instructors 250-559-8889  
 Island Birth Stories - Bridget Cummings 250-557-4252

### SCHOOLS

District 50 Administration Office 250-559-8471  
[www.sd50.bc.ca/](http://www.sd50.bc.ca/)  
 Electronic School 250-637-5409

#### NORTH END

OMVC Education Office 250-626-5110  
 Chief Matthews Elementary School 250-626-5620  
 Tahayghen Elementary School 250-626-5572  
 Port Clements Elementary School 250-557-4333  
 George M. Dawson Secondary School 250-626-3226

#### SOUTH END

Sk'aagdaa Naay Elementary School 250-559-8889  
 The Living and Learning School 250-559-8757  
 Queen Charlotte Secondary School 250-559-8822  
 Skidegate Haida Immersion Program (SHIP) 250-559-9073  
 Agnes L Mathers Elementary Junior Secondary School 250-637-5454

### EARLY YEARS PROGRAMS, PRESCHOOL & DAYCARE

#### ISLANDS WIDE

Childcare Resource and Referral 250-559-4711  
 School District 50 Early Learning coordinators 250-559-8471 Ext. 109  
 250-559-8889  
 250-637-1700

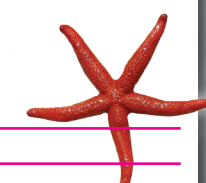
Success By 6 Haida Gwaii  
[www.haidagwaiitrader.com/sb6](http://www.haidagwaiitrader.com/sb6)

#### OLD MASSETT

Chief Matthews 4 year old Preschool 250-626-5620

#### MASSETT

Masset Strong Start 250-626-5572







Little Doves Daycare 250-922-5922

PORT CLEMENTS  
Port Clements Strong Start 250-557-4295  
Tiny Tots Playschool - 30 months + up 250-557-4295  
Mother Goose and Kinder Gym - in gym Fridays 250-557-4295

SKIDEGATE  
Skidegate Nursery School (4 year old preschool) 250-559-4511  
Skidegate Early Childhood Development Centre 250-559-2386  
Skidegate Aboriginal Headstart Program 250-559-8120

QUEEN CHARLOTTE  
The Child Center - Parent Participation Preschool 250-559-833  
Queen Charlotte Strong Start 250-559-8338  
Tiggers n' Tots Daycare 250-559-8060

SANDSPIT  
ALM Strong Start Center 250-637-5454

### TRANSPORTATION

BC Ferries 1-877-223-8778  
[www.bcferries.com](http://www.bcferries.com) Reservations 1-888-223-3799

NORTH END  
Inland Air - Charters and freight 1-888-624-2577  
[www.inlandair.bc.ca](http://www.inlandair.bc.ca) Masset office 250-626-3225  
Pacific Coastal Airlines 250-626-3737  
[www.pacificcoastal.com](http://www.pacificcoastal.com)

Mile Zero Taxi 250-626-8999  
Haida Time Taxi 250-626-7994

SOUTH END  
Air Canada - Reservations 1-888-247-2262  
[www.aircanada.com](http://www.aircanada.com)

Sandspit Airport 250-637-5313  
Eagle Transit 250-559-4461  
[www.eagletransit.net](http://www.eagletransit.net)

Gwaii Taxi 250-559-2380  
Helijet 250-637-5344  
[www.helijet.com](http://www.helijet.com)

### CHILD-FRIENDLY EATERIES

OLD MASSETT  
Haida Rose Café 250-626-3310

MASSETT  
The Ground Coffeehouse 250-626-5251  
Buds Bar & Grill 250-626-5426  
Pearls Family Restaurant 250-626-3223  
Golden P.A.M. 250-626-3860  
Island Sunrise Café 250-626-9344  
Green Gaia Organic Foods - lunches 250-626-6042  
Masset Waterfront Japanese Restaurant 250-626-3360  
Villager Café 250-626-3694

TOW HILL  
Moon River Café 250-626-7686  
New Moon Over Naikoon Bakery/Catering 250-626-5064

PORT CLEMENTS  
Renco Gas - lunch 250-557-2003

TLELL  
The Crows Nest - Kitchen 250-557-4593  
Haida House at Tlall 250-557-4600  
[www.haidahouse.com](http://www.haidahouse.com)

QUEEN CHARLOTTE  
Ocean View Pizza 250-559-8008  
Ocean View Restaurant 250-559-8503  
Oceana Restaurant 250-559-8683  
J&T Restaurant - Chinese and Western Cuisine 250-559-4204  
Queen B's Café 250-559-4463  
The Purple Onion Deli 250-559-4119  
Chinni Har's Burger House 250-559-8396  
Sapporo Restaurant 250-559-8855

SKIDEGATE  
Jags Beanstalk 250-559-8826  
Dave's Take Out 250-559-8782  
Kay Bistro 250-559-7885 ext 226

SANDSPIT  
The Orange Roof 250-637-5619  
Brady's Bistro (at the airport) 250-637-2455  
Dick's Wok Inn 250-637-2275

### CHILD FRIENDLY STORES

NORTH END  
Fields 250-626-3733  
Co-op Home store 250-626-3933 ext 3  
Home Hardware 250-626-5259  
All Things Stationery 250-626-6042

SOUTH END  
Joby's Wear 250-559-8013  
[www.facebook.com/jobys.wear](http://www.facebook.com/jobys.wear)  
Queen Charlotte Thrift Shop Society 250-559-8898  
Dollar Store & More 250-559-9085  
Charlisle Clothiers Ltd 250-559-8444  
Meegan's Store 250-559-4428  
Meegans Christmas store 250-559-4428

### GROCERIES/FOOD

MASSETT  
Delmas Co-op 250-626-3933  
Masset Grocery 250-626-3666  
Atwells Family Foods 250-626-5427  
Green Gaia Organic Foods (& All Things Stationery) 250-626-6042

PORT CLEMENTS  
Bayview Market 250-557-4331

TLELL  
The Crows Nest 250-557-4593  
Tlell Farmers Market- Sundays When in Season  
[www.facebook.com/pages/Tlell-Farmers-Market/](http://www.facebook.com/pages/Tlell-Farmers-Market/)

SKIDEGATE  
Gwaii Co-op 250-559-8078

QUEEN CHARLOTTE  
Isabel Creek Natural Food Store 250-559-8623  
City Center Stores Ltd 250-559-4444  
Causeway Convenience Store 250-559-9011  
Farmers Market - Saturdays When in Season  
[www.facebook.com/QueenCharlotteFarmersMarket/](http://www.facebook.com/QueenCharlotteFarmersMarket/)

SANDSPIT  
Super Valu 250-637-2249

### ACTIVITIES/RECREATION

ISLANDS WIDE  
Haida Gwaii Youth Soccer League 250-559-7775  
[www.facebook.com/pages/Haida-Gwaii-Youth-Soccer-League/](http://www.facebook.com/pages/Haida-Gwaii-Youth-Soccer-League/)  
Haida Gwaii Regional Recreation Commission 250-626-5652  
[www.hgrec.com/](http://www.hgrec.com/)

NORTH END  
T'aalan St'ang Cultural Camp Program 250-626-3573  
[www.haidahealth.ca/taalan-stlang-cultural-camp/](http://www.haidahealth.ca/taalan-stlang-cultural-camp/)

SOUTH END  
Skidegate Youth Center 250-559-0046  
Queen Charlotte Teen Center [www.facebook.com/qc.tc.5](http://www.facebook.com/qc.tc.5)  
Swan Bay Rediscovery Program 250-559-8229  
[www.swanbayrediscovery.ca/](http://www.swanbayrediscovery.ca/)  
Haida Gwaii Heritage Center at K'aay Llnagaay 250-559-7885  
[www.haidaheritagecentre.com/](http://www.haidaheritagecentre.com/)  
Misty Meadows family events 250-557-4390  
Visitor Information Center - Queen Charlotte 250-559-8316  
[www.qcinfo.ca/](http://www.qcinfo.ca/)  
Moresby Explorers 250-637-2215  
[www.moresbyexplorers.com/](http://www.moresbyexplorers.com/)  
Sandspit Community Hall 250-637-5489  
Music Lessons - Wendy Watts - piano & guitar 250-559-4671  
Art lessons for Children and parents - Sheila Karrow 250-559-7702  
Dance Classes - Ceitlynnne Epnors 250-559-8253  
Bike Re-Psych 250-637-1700  
[www.facebook.com/BikeRePsych](http://www.facebook.com/BikeRePsych)

### LIBRARIES & LITERACY

CCRR Toy & Resource Lending Library 250-559-4711  
Literacy Haida Gwaii 250-559-8398  
[www.literacyhaidagwaii.ca/](http://www.literacyhaidagwaii.ca/)  
Old Massett Toy and Resource Lending Library 250-626-5110  
Vancouver Island Regional Library - Masset 250-626-3663  
Vancouver Island Regional Library - Port Clements 250-557-4402  
Vancouver Island Regional Library - Queen Charlotte 250-559-4518  
Vancouver Island Regional Library - Sandspit 250-637-2247  
Kuugin King Naay - Library in Skidegate 250-559-2386